

How do I contact the Family Support Co-ordinator?

Mon p.m. Tues all day, Fri a.m.
Birkwood Surgery
31-33 Laceby Road
Grimsby DN34 5BH
Tel: 01472 879529

Mon a.m. Wed a.m. Fri p.m. (Wed p.m. & Thurs all day as required)

Pelham Medical Group
Churchview Health Centre
Cartergate
Grimsby, DN31 1QZ
Tel: 01472 353303

Wed p.m. (as required)
Woodford Medical Centre
Freshney Green Primary Care Centre
Sorrell Road (formerly Central Parade)
Grimsby, DN34 4HE
Tel: 01472 372100

Thurs all day (as required)
Chantry Health Group
Churchview Health Centre
Cartergate
Grimsby, DN31 1QZ
Tel: 01472 264999

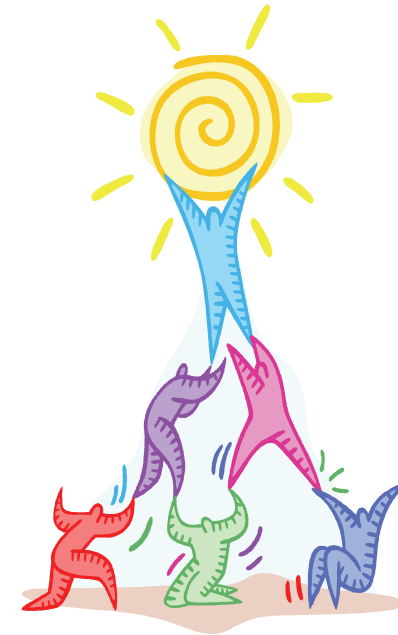
Scartho Practice
Arrangement only by
contacting the Family
Support Co-ordinator on
Tel: 01472 879529

Email address: emily.cowie@nelctp.nhs.uk



Family Support Co-ordinator

for substance misuse



Pelham Medical Group
&
Grimsby Practices in Partnership

Who is the service for?

For those effected by their own or someone else's substance misuse:

- Individuals that are currently in treatment for substance misuse or have a history of substance misuse. Individuals under the age of 18 years using substances (drugs or alcohol) can receive support into the appropriate service.
- Families/ Children effected by someone else's substance misuse.

Any patient registered at the following surgeries can access the service:

- Pelham Medical Group
- Birkwood Surgery
- Woodford Medical Centre
- Chantry Health Group
- Scartho Medical Centre

What can the service offer?

- Links/ referral to other services
- Access to training/ education
- Links to employment opportunities
- Support with health/ social/ emotional issues
- Information on social/ leisure activities
- Information on child focussed facilities/ activities
- Access to support groups for children, carers, substance users/ ex users
- Structured support for families

How do I refer in?

Contact the Family Support Co-ordinator within the surgery, contact details over the page.

Referrals can be received internally within the surgeries or by external agencies providing the patient is registered at one of the surgeries listed. Individuals can also self refer.



Then what will happen?

An appointment will be arranged to meet with the Family Support Co-ordinator (where possible this could follow any other clinic appointment you may already have booked with the surgery) to discuss your needs. Support can be short term or long term.