

**The Junction is made up of a unique Partnership between the Alcohol and Drug Service and Doncaster and South Humber Healthcare NHS Trust.**

**Community Drug Service**

**We provide services to adults with Drug or Alcohol problems.** The route of entry is non-coerced self referral via the Direct Access element of the service where advice and information can be offered and/or a formal treatment process can be accessed using one or more elements of the service. The team is comprised of Direct Access workers providing information on Drugs and Alcohol, harm minimisation techniques and initial screening and triage for service users wishing to seek treatment. The Counselling team provide goal oriented formalised programs with the objective of promoting positive change by raising motivation and enabling the service user to develop relapse prevention strategies. The Nursing team provide support to the prescribed treatment element of the care package and offer health screening and liaison with other medical service provision within N. E. Lincolnshire. Prescribing for our service user is provided by local G.Ps within the Community Drug Service premises. This includes detox regimes for drug and/or alcohol problems, substitute prescribing and relapse prevention treatment for our service users. **Telephone: 01472 240679**

**Specialist Substance Misuse Service**

This team is also comprised of experienced, specially trained Drug Counsellors and Nurses with General and Mental Health qualifications. Prescribed treatment is provided by our Doctor and our Consultant whose expertise is both substance misuse and mental health. Services are offered to adults with drug or alcohol dependence who have complex health problems such as mental health issues, pregnancy or chronic physical conditions which require specialist packages of care and possible joint agency support networks.

The Junction referrals are discussed by a multi disciplinary team of Doctor, Consultants Nursing and Counselling staff. The model has worked very well since the service's inception on the 1st April 2003 and has resulted in an effective method of planning treatment and has also resulted in our treatment retention rates being the second highest among services in the country.

Service user involvement greatly contributed to the 2003 inception of the Junction Model and more recently the Roundabout service user group have contributed to the further planning of the Junction's future development. Roundabout has stated the "the Junction is a friendly, accessible and non-judgemental service. **Telephone: 01472 267885**

**Shared Care**

The Junction also provides both Nurses and Counselling staff to support service users who are prescribed to by appropriately trained G. Ps in the Grimsby area. Service users who have made good progress with the specialist team or Community Drug team can be transferred to Shared Care for ongoing support. **Telephone: 01472 342284**

**Alcohol Treatment Requirements (ATR)**

Amendments to the Criminal Justice Act 2003 have made available to the courts an Alcohol Treatment Requirement (ATR) as one of the possible requirements of a Community Order or a Suspended Sentence Order. The Junction provides a comprehensive assessment and treatment service to offenders referred by the National Probation Service in North East Lincolnshire.

Treatment Varies from a range of psycho-social interventions to prescribed treatment depending upon psychological and physical dependency. Care planned treatment is tailored to the needs of the individual, is goal orientated and structured. Voluntary access of the Junction services on completion of orders is becoming more popular amongst individuals who recognise the benefits of ongoing non-judgemental support for relapse prevention and maintenance

**Community Alcohol Team**

It's not unusual to want to take a little time out and have a drink or two. The problem with alcohol is that sometimes one drink can very easily lead to another. Before you know it, you might have drunk more than you intended. There are plenty of positive things about having a drink, It helps you unwind and relax and it's enjoyable to do with friends. But regularly drinking more than the recommended daily amount of units has its risks.

**“supporting service users to make a positive change”**

The Alcohol Harm Reduction Strategy for England (AHRSE - 2004) identified various 'costs' to society caused by Alcohol — including Health/NHS, Crime, Work Place and Family. Among its 4 aims for reducing alcohol related harm is better identification and treatment of alcohol problems. Further research has highlighted that Primary Care settings are an ideal opportunity for routine screening and delivery of brief interventions (SBI). Brief Interventions are those practices that aim to identify a real or potential alcohol problem and motivate an individual to do something about it.

The Community Alcohol Team (CAT) has been commissioned to facilitate SBI services in North East Lincolnshire and is working to achieve this in three ways:

- To pilot Screening and Brief Interventions in A & E and Primary Care settings (GP Surgeries)
- To train professionals to be able to identify and target support
- To establish referral protocols between Primary and Secondary Health Care settings and Specialist Alcohol Services

All patients attending participating GP surgeries and Accident & Emergency at Diana Princess of Wales Hospital will be asked some brief questions about the frequency and amount of alcohol they use.

Although alcohol may have a significant health and social impact on people, it is so embedded within our culture that many are not aware of the damage until it is too late. This scheme is designed to identify any risks to current or future health and to help and support if any change is then indicated. The help offered depends on individual needs and could be anything from advice and information about level of use through to referral to local specialist services for prescribed treatment and care-planned counselling support.

